

2024 Northeast, Eastern & Southeast National Practice Schedule

Figure Practice:	Date	Day	Practice Times	Floor
<p>During the designated figure practice on the Practice Floor Figure Skaters MUST STAY on the circles next to the loops.</p>	7/14/24	Sunday	Scheduled Practice 8:00PM to 8:30PM Figures has right of way 8:30PM to 9:00PM Freestyle and Creative have right of way 9:00PM to 9:30PM Dance has right of way	Official Floor Official Floor Official Floor
<p>This will keep 1/2 of the floor open for Dance, Freestyle and Creative skaters to practice.</p>	7/15/24	Monday	Scheduled Practice 6:30PM to 7:00PM Freestyle & Creative have right of way 7:00PM to 7:30PM Dance has right of way 7:30PM to 8:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
<p>Dance Practice: Music will be played in the order in which the events compete.</p>	7/16/24	Tuesday	Scheduled Practice 5:30PM to 6:00PM Dance has right of way 6:00PM to 6:30PM Freestyle & Creative have right of way 6:30PM to 7:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
<p>If events are running on the official floor, dance music may not be able to be played. If played, it must be at a level that does not disturb official events.</p>	7/17/24	Wednesday	Scheduled Practice 11:00AM to 11:30AM Freestyle & Creative have right of way 11:30AM to 12:00PM Dance has right of way 6:00PM to 6:30PM Figures has right of way	Practice Floor Practice Floor Practice Floor
<p>If there are a lot of dance skaters at a practice it may become necessary to limit or restrict other disciplines from practicing.</p>	7/18/24	Thursday	Scheduled Practice 11:00AM to 11:30AM Freestyle & Creative have right of way 11:30AM to 12:00PM Dance has right of way 5:30PM to 6:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
<p>Freestyle and Creative Practice: Routines will be played in the order in which the events compete. Routines for the next day's events skate first.</p>	7/19/24	Friday	Scheduled Practice 11:30AM to 12:00PM Freestyle & Creative have right of way 5:00PM to 5:30PM Dance has right of way 5:30PM to 6:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
<p>If events are running on the official floor, routine music may not be able to be played. If played, it must be at a level that does not disturb official events.</p>	7/20/24	Saturday	Scheduled Practice 11:00AM to 11:30AM Figures has right of way 5:00PM to 5:30PM Freestyle & Creative have right of way 6:30PM to 7:00PM Dance has right of way 7:00PM to 7:30PM Duet Practice has right of way	Practice Floor Practice Floor Practice Floor Practice Floor
<p>If there are a lot of skaters at a practice it may become necessary to limit or restrict other disciplines from practicing.</p>	7/21/24	Sunday	Scheduled Practice 5:00PM to 5:30PM Figures has right of way 5:30PM to 6:00PM Dance has right of way 6:00PM to 6:30PM Freestyle & Creative have right of way	Practice Floor Practice Floor Practice Floor
<p>If events are running on the official floor, routine music may not be able to be played. If played, it must be at a level that does not disturb official events.</p>	7/22/24	Monday	Scheduled Practice 11:00AM to 11:30AM Dance has right of way 11:30AM to 12:00M Freestyle & Creative have right of way 6:30PM to 7:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
<p>Loop skaters can practice loops during Freestyle Practice times provided they give way to the skaters doing their routines.</p>	7/23/24	Tuesday	Scheduled Practice 5:30PM to 6:00PM Freestyle & Creative have right of way 6:00PM to 6:30PM Dance has right of way 6:30PM to 7:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
	7/24/24	Wednesday	Scheduled Practice 11:00AM to 11:30AM Dance has right of way 11:30AM to 12:00PM Freestyle & Creative have right of way 5:00PM to 5:30PM Figures has right of way	Practice Floor Practice Floor Practice Floor
	7/25/24	Thursday	Scheduled Practice 5:00PM to 5:30PM Figures has right of way 5:30PM to 6:00PM Freestyle & Creative have right of way 6:00PM to 6:30PM Dance has right of way	Practice Floor Practice Floor Practice Floor
	7/26/24	Friday	Scheduled Practice 11:00AM to 11:20AM Dance has right of way 11:20AM to 11:40AM Freestyle & Creative have right of way 11:40AM to 12:00PM Figures has right of way	Practice Floor Practice Floor Practice Floor
	7/27/24	Saturday	Scheduled Practice 11:00AM to 11:30PM Dance has right of way 11:30AM to 12:00PM Freestyle & Creative have right of way	Practice Floor Practice Floor
	7/28/24	Sunday	No Practice	